

COVID-19 (Coronavirus)

What you need to know

Symptoms of Coronavirus Disease

- Fever
- Cough
- Difficulty breathing
- Severe illness

How is Coronavirus Spread?

- Through coughing and sneezing
- Close personal contact, such as touching or shaking hands
- Touching an object or surface with the virus on it, then touching your mouth, nose, or eyes before washing your hands

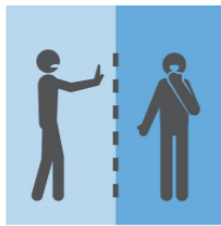
How you can protect yourself and others

Please continue to protect yourself from all infectious diseases by using these precautions.

For additional information visit coronavirus.ohio.gov.



STAY HOME
WHEN YOU ARE
SICK



AVOID CONTACT
WITH PEOPLE
WHO ARE SICK



GET ADEQUATE SLEEP
AND EAT WELL-
BALANCED
MEALS



WASH HANDS OFTEN
WITH WATER AND SOAP
(20 SECONDS
OR LONGER)



DRY HANDS WITH
A CLEAN TOWEL
OR AIR DRY
YOUR HANDS



COVER YOUR MOUTH
WITH A TISSUE OR
SLEEVE WHEN
COUGHING OR SNEEZING



AVOID TOUCHING
YOUR EYES, NOSE,
OR MOUTH WITH
UNWASHED HANDS
OR AFTER
TOUCHING SURFACES



CLEAN AND DISINFECT
"HIGH-TOUCH"
SURFACES OFTEN



CALL BEFORE VISITING
YOUR DOCTOR



PRACTICE GOOD
HYGIENE HABITS



CAILOR
FLEMING
INSURANCE
"Insuring your World"